

Island Games

All-Time Statistics

Men

100 m		(11,10)						
10,17	3,9	w	Kemar	Hyman		Cayman Islands	2017	Gotland
10,34	0,6		Harold	Houston		Bermuda	2013	Bermuda
10,39	-0,8		Kemar	Hyman		Cayman Islands	2017	Gotland
10,55	5,2	w	Joshua	Allaway		Guernsey	2017	Gotland
10,59	2,5	w	Mihalis	Perakis	1981	Rhodes	2007	Rhodes
10,60	5,2	w	Tyler	Johnson		Jersey	2017	Gotland
10,63	0,6		Rhymiech	Adolphus		Cayman Islands	2013	Bermuda
10,70	1,5		Xavier	James		Bermuda	2007	Rhodes
10,72	0,7		Mihalis	Perakis	1981	Rhodes	2007	Rhodes
10,72	0,2		Tyrell	Cuffy		Cayman Islands	2015	Jersey
10,73	0,7		Thomas	Riley		Isle of Man	2007	Rhodes
10,73	0,8		Wallace	Little		Cayman Islands	2009	Åland
10,77	1,6		Stephon	Johnson		Cayman Islands	2007	Rhodes
10,78	1,3		Joshua	Allaway		Guernsey	2015	Jersey
10,80	0,9		Robert	Ibeh		Cayman Islands	2011	Isle of Wight
10,82	0,9		Mats	Boman		Åland	2011	Isle of Wight
10,82	0,5		Joe	Chadwick		Guernsey	2019	Gibraltar
10,82	0,8		Mats	Boman		Åland	2009	Åland
10,84	2,7	w	Brandon	Johnson		Cayman Islands	2013	Bermuda
10,84	0,8		Steven	Reid		Cayman Islands	2009	Åland
10,6	m 5,0	w	Gordon	Crowe		Isle of Man	1989	Faroe Islands
10,90		w	Alistair	Audsley		Isle of Man	1995	Gibraltar
10,90	2,7	w	Glenn	Etherington		Guernsey	2013	Bermuda
10,92	5,2	w	Brandon	Atchison		Isle of Man	2017	Gotland
10,94	0,5		Jeavhon	Jackson		Cayman Islands	2019	Gibraltar
10,95	1,3		Dami	Williams		Jersey	2015	Jersey
10,95	5,2	w	Daniel	Örevik		Gotland	2017	Gotland
10,96	0,6		Glenn	Etherington		Guernsey	2013	Bermuda
11,00		w	Ryan	de Haaff		Guernsey	2003	Guernsey
11,00		w	Margus	Jurkatam		Saaremaa	1995	Gibraltar
11,00	0,6		Brandon	Johnson		Cayman Islands	2013	Bermuda
11,00	2,7	w	Kidane	Callender		Bermuda	2013	Bermuda
11,01	-2,1		Mattias	Sunneborn	1970	Gotland	1999	Gotland
11,01	0,5		Tyler	Johnson		Jersey	2019	Gibraltar
11,03	0,5		Zachary	Price		Ynys Môn	2019	Gibraltar
11,08	2,9	w	Emil	Thölix	1995	Åland	2019	Gibraltar
11,08	-2,9		Roger	Smith	1979	Cayman Islands	1999	Gotland
11,09	-0,7		Alistair	Audsley		Isle of Man	1997	Jersey
11,09	-0,8		Magnus	Hemström	1976	Gotland	1993	Isle of Wight
200 m		(22,40)						
21,05	0,8		Harold	Houston		Bermuda	2013	Bermuda
21,24	1,1		Tyrell	Cuffy		Cayman Islands	2015	Jersey
21,31	-1,8		Mattias	Sunneborn	1970	Gotland	1999	Gotland
21,55	-1,8		Ilias	Kelis	1973	Rhodes	1999	Gotland
21,55	-2,5		Jamal	Walton		Cayman Islands	2017	Gotland

21,57	0,4	Robert	Ibeh		Cayman Islands	2009	Åland
21,60	0,3	Mats	Boman		Åland	2011	Isle of Wight
21,65	2,6	w Jeneko	Lottimore Place		Bermuda	2009	Åland
21,65	1,1	Joshua	Allaway		Guernsey	2015	Jersey
21,78	-1,8	Roger	Smith	1979	Cayman Islands	1999	Gotland
21,88	0,4	Jeneko	Lottimore Place		Bermuda	2009	Åland
21,91	1,4	David	Hamil		Cayman Islands	2001	Isle of Man
21,92	0,3	Jaryd	Robinson		Isle of Wight	2011	Isle of Wight
21,95	0,4	Thomas	Riley		Isle of Man	2009	Åland
22,02	-2,5	Tyler	Johnson		Jersey	2017	Gotland
22,04	0,8	Troy	Long		Cayman Islands	2013	Bermuda
22,04	0,8	Glenn	Etherington		Guernsey	2013	Bermuda
22,06	0,2	Joseph	Suberan		Cayman Islands	2009	Åland
22,11	-1,8	Chris	Stobart	1982	Isle of Man	1999	Gotland
22,22	-2,5	Jerai	Torres		Gibraltar	2017	Gotland
22,23	0,2	Samuel	Ratcliffe		Isle of Wight	2009	Åland
22,25	1,8	Xavier	James		Bermuda	2007	Rhodes
22,29	1,0	Douglas	Thom	1968	Orkney	1997	Jersey
22,34		w Ryan	de Haaff		Guernsey	2003	Guernsey
22,37	1,1	Karim	Murray		Cayman Islands	2015	Jersey

400 m (50,00)

46,33		Jamal	Walton		Cayman Islands	2017	Gotland
46,70		Dale	Garland		Guernsey	2007	Rhodes
46,71		Tom	Druce		Guernsey	2011	Isle of Wight
48,03		Cameron	Chalmers		Guernsey	2015	Jersey
48,09		Mattias	Sunneborn		Gotland	2007	Rhodes
48,34		Jessy	Franco		Gibraltar	2019	Gibraltar
48,37		Donald	Macleod		Western Isles	2009	Åland
48,42		Sam	Dawkins		Jersey	2017	Gotland
48,42		Ilias	Kelis	1973	Rhodes	1999	Gotland
48,45		Keiron	Murray		Isle of Man	2001	Isle of Man
48,48		Joe	Reid		Isle of Man	2013	Bermuda
48,73		Daryl	Vassallo		Gibraltar	2005	Shetland Islands
48,74		Indrek	Tustit		Saaremaa	2003	Guernsey
48,87		Jonathon	Lavers		Gibraltar	2007	Rhodes
48,93		Neil	Gray		Orkney	2005	Shetland Islands
48,93		Mihalis	Markopoulos		Rhodes	2001	Isle of Man
49,04		Sherlock	Brooks		Cayman Islands	2019	Gibraltar
49,04		Seumas	Mackay		Shetland Islands	2019	Gibraltar
49,20		Junior	Hines		Cayman Islands	2011	Isle of Wight
49,21		Robert	Stenhouse		Jersey	2013	Bermuda
49,30		David	Hamil		Cayman Islands	2007	Rhodes
49,33		Stuart	Tolcher	1977	Guernsey	1999	Gotland
49,37		Alan	Harrison		Jersey	1995	Gibraltar
49,38		Peter	Irving		Jersey	2011	Isle of Wight
49,51		Gethin	Thomas	1975	Ynys Môn	1999	Gotland
49,54		Nikolas	Mparianos	1981	Rhodes	1999	Gotland
49,3	m	Chris	Choleaton		Isle of Wight	1989	Faroe Islands
49,66		Jerai	Torres		Gibraltar	2017	Gotland
49,66		Paul	Bergquist		Isle of Man	1995	Gibraltar
49,68		Steven	Carter		Isle of Wight	2011	Isle of Wight
49,76		Lee	Ward	1970	Jersey	1993	Isle of Wight

49,88	Charles	Livingston	Jersey	2019	Gibraltar
49,92	Hywel	Robinson	Guernsey	2013	Bermuda
49,97	Ben	Brand	Isle of Man	2009	Åland
49,98	Patrik	Stenström	Gotland	1993	Isle of Wight
800 m (1:56,0)					
1:50,37	Mike	Guegan	Jersey	1993	Isle of Wight
1:51,53	Joseph	Wade	Isle of Wight	2011	Isle of Wight
1:52,04	Tom	Druce	Guernsey	2009	Åland
1:52,60	Donald	Macleod	Western Isles	2011	Isle of Wight
1:52,74	Joakim	Daun	1982 Gotland	2003	Guernsey
1:52,95	Fabian	Franco	Gibraltar	1991	Åland
1:53,00	Keiron	Murray	Isle of Man	2001	Isle of Man
1:53,18	Seumas	Mackay	Shetland Islands	2019	Gibraltar
1:53,34	Chris	Quine	1964 Isle of Man	1991	Åland
1:53,79	Lee	Merrien	Guernsey	2003	Guernsey
1:54,36	Nick	Harley	Guernsey	1991	Åland
1:54,51	Tahj	Lewis	Cayman Islands	2017	Gotland
1:54,60	Cameron	Payas	Gibraltar	2017	Gotland
1:54,60	Tristan	Cooper	1973 Isle of Wight	1999	Gotland
1:54,69	Gianni	Epifani	Isle of Man	1991	Åland
1:54,73	Michael	Macmillan	Western Isles	2017	Gotland
1:54,84	Andre	Kahlström	Gotland	2009	Åland
1:54,95	Harvey	Dixon	Gibraltar	2015	Jersey
1:55,07	Daryl	Vassallo	Gibraltar	2003	Guernsey
1:55,34	Elliott	Dorey	Jersey	2011	Isle of Wight
1:55,59	Michael	Batiste	Guernsey	2011	Isle of Wight
1:55,67	John	Holmberg	Åland	1991	Åland
1:55,71	David	Mullarkey	Isle of Man	2019	Gibraltar
1:55,71	Michael	Smikle	Cayman Islands	2019	Gibraltar
1:55,79	Dage	Minors	Bermuda	2013	Bermuda
1:55,6 m	Richard	Large	Isle of Wight	1989	Faroe Islands
1:55,86	Alex	Rowe	Guernsey	2019	Gibraltar
1:55,93	Ryan	Fairclough	Isle of Man	2011	Isle of Wight
1500 m (4:02,00)					
3:48,45	Keith	Gerrard	Isle of Man	2011	Isle of Wight
3:48,71	Harvey	Dixon	Gibraltar	2017	Gotland
3:49,58	Lee	Merrien	Guernsey	2009	Åland
3:51,73	Joakim	Daun	1982 Gotland	2003	Guernsey
3:53,39	Jonathan	Blackledge	Isle of Wight	2003	Guernsey
3:53,42	Joseph	Wade	Isle of Wight	2009	Åland
3:53,67	Mike	Guegan	Jersey	1991	Åland
3:54,06	Gianni	Epifani	Isle of Man	1991	Åland
3:54,95	Iolo	Hughes	Ynys Môn	2015	Jersey
3:55,13	David	Mullarkey	Isle of Man	2019	Gibraltar
3:55,23	Alan	Rowe	Guernsey	1997	Jersey
3:55,24	Elliott	Dorey	Jersey	2019	Gibraltar
3:55,27	Fabian	Franco	Gibraltar	1991	Åland
3:55,66	Connor	Maclean	Western Isles	2015	Jersey
3:55,78	Samuel	Maher	Jersey	2017	Gotland
3:55,88	Chris	Quine	1964 Isle of Man	1997	Jersey
3:56,19	Kim	Godfredsen	1966 Greenland	1999	Gotland
3:56,53	Henry	McLuckie	Isle of Wight	2019	Gibraltar

3:57,25		Jan	Siuls		Åland	1991	Åland
3:57,36		Cameron	Payas		Gibraltar	2017	Gotland
3:57,88		Ryan	Fairclough		Isle of Man	2013	Bermuda
3:58,0	m	Richard	Large		Isle of Wight	1989	Faroe Islands
3:59,46		Alex	Rowe		Guernsey	2019	Gibraltar
3:59,54		Daniel	Furmidge		Isle of Wight	1993	Isle of Wight
3:59,82		Richard	Bartram		Guernsey	2019	Gibraltar
3:59,92		Ian	Carter	1983	Jersey	2001	Isle of Man
4:00,76		Michael	Macmillan		Western Isles	2019	Gibraltar
4:01,12		John	Chappory		Gibraltar	1991	Åland
4:01,22		Dage	Minors		Bermuda	2013	Bermuda
4:01,0	m	Billy	Jansson	1963	Åland	1985	Isle Of Man
4:01,45		Paul	McGrath		Jersey	1997	Jersey
4:01,53		Michael	Batiste		Guernsey	2013	Bermuda
4:01,56		Stephen	Garrett		Isle of Man	2019	Gibraltar
4:01,79		Marni	Joensen		Faroe Islands	1991	Åland
4:01,6	m	Mikael	Nordblom	1963	Åland	1989	Faroe Islands
4:01,96		Andreas	Persson		Gotland	2001	Isle of Man
5000 m		(15:30,00)					
14:21,35		Lee	Merrien		Guernsey	2009	Åland
14:26,74		Keith	Gerrard		Isle of Man	2011	Isle of Wight
14:29,47		Harvey	Dixon		Gibraltar	2015	Jersey
14:30,84		Chris	Estwanik		Bermuda	2015	Jersey
14:32,14		Iolo	Hughes		Ynys Môn	2015	Jersey
14:33,10		Janne	Holmén		Åland	2009	Åland
14:38,69		Mikael	Nordblom	1963	Åland	1991	Åland
14:41,38		Kim	Godtfredsen	1966	Greenland	1997	Jersey
14:44,57		Oliver	Lockley		Isle of Man	2015	Jersey
14:46,94		Nigel	Gemmell		Isle of Wight	1991	Åland
14:55,51		Chris	Quine	1964	Isle of Man	1991	Åland
14:57,05		Errol	O'Driscoll		Jersey	1993	Isle of Wight
14:57,56		Albert	Joensen		Faroe Islands	1993	Isle of Wight
15:02,1	m	Per-Ole	Holmnäs		Åland	1985	Isle Of Man
15:02,89		Daniel	Eckersley		Isle of Wight	2017	Gotland
15:03,5	m	Graham	Clarke		Isle of Man	1987	Guernsey
15:05,12		Jonathan	Blackledge		Isle of Wight	2003	Guernsey
15:06,25		Bogi	Lenvig		Faroe Islands	2003	Guernsey
15:06,39		Andreas	Persson		Gotland	2003	Guernsey
15:06,70		Rafel Quintana	Villalonga		Menorca	2017	Gotland
15:07,95		Paul	McGrath		Jersey	1997	Jersey
15:11,92		Andy	Fox		Isle of Man	1991	Åland
15:11,98		Thomas	Wade		Isle of Wight	2011	Isle of Wight
15:15,02		Lamont	Marshall		Bermuda	2015	Jersey
15:16,51		Daniel	Antonsson		Gotland	2017	Gotland
15:17,8	m	Fabian	Franco		Gibraltar	1989	Faroe Islands
15:18,14		Connor	Maclean		Western Isles	2015	Jersey
15:20,15		Marcel	Le Clerk		Guernsey	1993	Isle of Wight
15:22,55		Dominic	Dyer		Cayman Islands	2017	Gotland
15:23,08		Alan	Corlett		Isle of Man	2017	Gotland
15:24,57		Geoff	King		Guernsey	1991	Åland
15:24,84		Elliott	Dorey		Jersey	2019	Gibraltar
15:28,34		Christian	Lundell		Åland	1997	Jersey

10000 m (33:00,00)						
30:03,64		Janne	Holmén	Åland	2009	Åland
30:04,66		Chris	Estwanik	Bermuda	2015	Jersey
30:17,32		Kim	Godtfredsen	1966 Greenland	1997	Jersey
30:37,46		Oliver	Lockley	Isle of Man	2017	Gotland
30:40,84		Lee	Merrien	Guernsey	2017	Gotland
30:43,54		Colin	Moore	Isle of Man	2001	Isle of Man
30:53,28		Kevin	Loundes	Isle of Man	2015	Jersey
30:53,59		Thomas	Wade	Isle of Wight	2011	Isle of Wight
30:59,87		Michael	Sanchez	Gibraltar	2005	Shetland Islands
31:18,97		Paul	McGrath	Jersey	1991	Åland
31:21,96		Nigel	Gemmell	Isle of Wight	1991	Åland
31:24,74		Robert	Laaksonen	Åland	1993	Isle of Wight
31:32,55		Chris	Quine	1964 Isle of Man	1993	Isle of Wight
31:38,52		Janus	Eigaard	Greenland	1997	Jersey
31:41,92		Ian	Williamson	1962 Shetland Islands	1997	Jersey
31:42,67		Jurgen	Ligi	Saaremaa	1991	Åland
31:43,21		Sean	Trott	Bermuda	2011	Isle of Wight
31:52,4	m	Andy	Fox	Isle of Man	1989	Faroe Islands
31:55,22		Guttorm	Sørensen	1968 Faroe Islands	1993	Isle of Wight
31:59,7	m	Graham	Clarke	Isle of Man	1989	Faroe Islands
32:06,01		Errol	Driscoll	Jersey	1993	Isle of Wight
32:06,26		Alan	Corlett	Isle of Man	2019	Gibraltar
32:08,76		Mark	Altwell	Gibraltar	1993	Isle of Wight
32:09,95		Daniel	Antonsson	Gotland	2017	Gotland
32:15,55		Bill	Tweed	Jersey	1991	Åland
32:16,13		Fred	Grönwall	Gotland	2019	Gibraltar
32:19,00		Steve	Dawes	Guernsey	2011	Isle of Wight
32:26,19		Göran	Grannas	Åland	1991	Åland
32:29,0	m	Eduardas	Volikas	Åland	2003	Guernsey
32:30,44		Andrew	Crowhurst	Jersey	1997	Jersey
32:33,38		Ando	Õitspuu	Saaremaa	2017	Gotland
32:36,4	m	Olof	Thunegard	1968 Gotland	2003	Guernsey
32:37,65		Jonathan	Blackledge	Isle of Wight	2001	Isle of Man
32:38,21		Martin	Møller	Greenland	2017	Gotland
32:39,9	m	Stefan	Mattsson	Åland	1989	Faroe Islands
32:41,26		Michael	Wilesmith	Guernsey	2015	Jersey
32:43,79		Thomas	Fay	Orkney	2013	Bermuda
32:45,78		Joakim	Ronsten	1966 Gotland	1999	Gotland
32:52,00		Peter	Costley	Isle of Man	1991	Åland
32:54,0	m	Paul	Clarke	Isle of Man	2003	Guernsey
32:54,84		Gavin	Hackshaw	Isle of Wight	1993	Isle of Wight
32:55,1	m	Michael	Niech	Gibraltar	1989	Faroe Islands
32:56,18		Marnar	Djurhuus	Faroe Islands	2011	Isle of Wight
32:57,74		Daniel	Halksworth	Jersey	2009	Åland
3000 m steeplechase (10:00,00)						
8:57,46		Mikael	Nordblom	1963 Åland	1993	Isle of Wight
9:10,78		Lars	Nordahl	Gotland	1993	Isle of Wight
9:17,67		Thomas	Wade	Isle of Wight	2011	Isle of Wight
9:20,01		Albert	Joensen	Faroe Islands	1993	Isle of Wight
9:24,44		Lee	Garland	Guernsey	2005	Shetland Islands
9:26,61		Nigel	Gemmell	Isle of Wight	1993	Isle of Wight

9:27,36	Håkan	Andersson		Gotland	1993	Isle of Wight
9:27,42	Richard	Large		Isle of Wight	1991	Åland
9:28,05	Daniel	Eckersley		Isle of Wight	2017	Gotland
9:29,36	Andy	Fox		Isle of Man	1991	Åland
9:30,39	John	Halligan		Isle of Man	2007	Rhodes
9:32,87	Rav	Cox		Isle of Man	1991	Åland
9:33,93	Lars-Olov	Helms	1969	Gotland	1997	Jersey
9:34,01	James	Amy		Jersey	1997	Jersey
9:35,09	Regin	Reinert		Faroe Islands	1993	Isle of Wight
9:35,69	Carlos	Truyol Allés		Menorca	2007	Rhodes
9:36,40	Peter	Skalberg	1974	Gotland	1999	Gotland
9:38,54	Steve	Dawes		Guernsey	2005	Shetland Islands
9:43,12	Joseph	Wade		Isle of Wight	2007	Rhodes
9:43,14	Lars-Erik	Åkerblom		Åland	1993	Isle of Wight
9:43,35	Max	Costlev		Isle of Man	2019	Gibraltar
9:43,53	Ed	Mason		Guernsey	2017	Gotland
9:43,62	Daniel	Hejdström		Gotland	2005	Shetland Islands
9:43,86	Paul	McGrath		Jersey	1991	Åland
9:44,01	Daniel John	Romeril		Jersey	2015	Jersey
9:47,07	Darren	Grav		Isle of Man	2009	Åland
9:50,37	Sebastion	Henriksson		Åland	1995	Gibraltar
9:50,65	Geoff	King		Guernsey	1991	Åland
9:51,64	Alan	Corlett		Isle of Man	2015	Jersey
9:52,38	Guttorm	Sørensen	1968	Faroe Islands	1997	Jersey
9:57,66	William	Newnham		Isle of Wight	2009	Åland
9:59,47	Hallur	Holm		Faroe Islands	2001	Isle of Man

Half Marathon (1:12,00)

1:06,34	Janne	Holmén		Åland	2009	Åland
1:06,45	Lee	Merrien		Guernsey	2017	Gotland
1:06,54	Oliver	Lockley		Isle of Man	2019	Gibraltar
1:07,16	Chris	Estwanik		Bermuda	2015	Jersey
1:07,37	Alan	Corlett		Isle of Man	2019	Gibraltar
1:07,54	Richard	Large		Isle of Wight	1991	Åland
1:08,33	Robert	Laaksonen		Åland	1991	Åland
1:08,41	Kevin	Loundes		Isle of Man	2015	Jersey
1:08,48	Mikael	Nordblom	1963	Åland	1987	Guernsey
1:08,58	ian	Williamson	1962	Shetland Islands	1997	Jersey
1:09,10	Bill	Tweed		Jersey	1991	Åland
1:09,18	Fred	Grönwall		Gotland	2019	Gibraltar
1:09,24	Göran	Grannas		Åland	1991	Åland
1:10,03	Alan	Rowe		Guernsey	2003	Guernsey
1:10,14	Graham	Clarke		Isle of Man	1995	Gibraltar
1:10,14	Steve	Kelly		Isle of Man	1987	Guernsey
1:10,30	Stefan	Mattsson		Åland	1987	Guernsey
1:10,30	Michael	Sanchez		Gibraltar	2003	Guernsey
1:10,33	Robert	Callister		Isle of Man	1991	Åland
1:10,43	Rob	Douglas		Jersey	1991	Åland
1:10,50	Bill	Adams	1947	Shetland Islands	1991	Åland
1:10,52	Daniel	Antonsson		Gotland	2019	Gibraltar
1:10,58	Arnold	Rogers		Gibraltar	2019	Gibraltar
1:11,00	Colin	Moore		Isle of Man	2001	Isle of Man
1:11,01	O	Fon Williams		Anglesey	1987	Guernsey

1:11,27		Harvey	Dixon	Gibraltar	2019	Gibraltar
1:11,30		Marni	Joensen	Faroe Islands	1997	Jersey
1:11,31		Martin	Møller	Greenland	2017	Gotland
1:11,48		Andreas	Persson	Gotland	2003	Guernsey
1:11,5		Andrew	Crowhurst	Jersey	1997	Jersey
1:11,52		Paul	Clarke	Isle of Man	1997	Jersey
1:11,54		Dave	Newton	Isle of Man	1987	Guernsey
1:11,55		Eduardas	Volikas	Åland	2003	Guernsey

Marathon (3:40,00)

2:35,55	m	Absalon	Hansen	Faroe Islands	1989	Faroe Islands
2:37,25	m	Stefan	Mattsson	Åland	1989	Faroe Islands
2:38,39	m	Kim	Godtfredsen	1966 Greenland	1989	Faroe Islands
2:49,06	m	Robert	Callister	Isle of Man	1989	Faroe Islands
2:49,10	m	Rav	Kelly	Isle of Man	1989	Faroe Islands
2:50,06	m	Graham	Le Page	Guernsey	1989	Faroe Islands
2:57,55	m	Ludvig	Sethsen	Greenland	1989	Faroe Islands
3:02,28	m	Pîtánguak'	Tittussen	Greenland	1989	Faroe Islands
3:02,51	m	Peter	de Bertrand	Guernsey	1989	Faroe Islands
3:03,20	m	Oli	Olsen	Faroe Islands	1989	Faroe Islands
3:08,09	m	Maxi	Pratts	Gibraltar	1989	Faroe Islands
3:25,34	m	Laurie	Redfern	Shetland Islands	1989	Faroe Islands
3:27,27	m	Peter	Petersen	Faroe Islands	1989	Faroe Islands
3:29,01	m	Harry	Hansen	Toftir	1989	Faroe Islands
3:33,50	m	Hans	Birger Hansen	Torshavn	1989	Faroe Islands

10000 m Walk (60:00,00)

45:06,0	m	Steve	Partington	Isle of Man	1985	Isle Of Man
47:27,7	m	Allan	Callow	Isle of Man	1985	Isle Of Man
47:50,4	m	Steve	Brennan	Isle of Man	1987	Guernsey
48:23,3	m	Rob	Elliott	Guernsey	1987	Guernsey
50:01,9	m	Mark	Elliott	Guernsey	1987	Guernsey
50:44,3	m	Martin	Young	Isle of Man	1987	Guernsey
52:07,8	m	Knut	Arne Strømøy	Frøya	1985	Isle Of Man
56:03,3	m	Kevin	le Noury	Guernsey	1987	Guernsey
59:35,7	m	Nic	Cronshaw	Jersey	1987	Guernsey

110 m hurdles (16,00)

13,62	2,3	w	Ronald	Forbes	Cayman Islands	2015	Jersey
14,65	-1,0		Dale	Garland	Guernsey	2005	Shetland Islands
14,69		w	Tristan	Joynes	Bermuda	2013	Bermuda
14,76		w	Glenn	Etherington	Guernsey	2013	Bermuda
14,96	1,9		Glenn	Etherington	Guernsey	2011	Isle of Wight
15,10	1,4		Erik	Larsson	1980 Gotland	2007	Rhodes
15,10		w	Kevin	Furlong	1970 Isle of Man	1995	Gibraltar
15,13	1,9		Thomas	Riley	Isle of Man	2011	Isle of Wight
15,15	-1,2		Robert	Wärff	1970 Gotland	1999	Gotland
15,17	-1,0		Simon	Phelan	Jersey	2005	Shetland Islands
15,17	1,9		Raigo	Saar	Saaremaa	2011	Isle of Wight
15,21	-2,4		Glenn	Lindqvist	Åland	2001	Isle of Man
15,22	-1,2		Kevin	Furlong	1970 Isle of Man	1999	Gotland
15,23	1,9		Peter	Irving	Jersey	2011	Isle of Wight
15,23	2,2	w	Charles	Edsall	Isle of Wight	1993	Isle of Wight
15,25	1,4		Nektarios	Giallourakis	Rhodes	2007	Rhodes

15,34	w	Villu	Sepp		Saaremaa	2003	Guernsey
15,38	0,2	Andres	Aavik		Saaremaa	1991	Åland
15,41	-1,2	Villu	Sepp	1979	Saaremaa	1999	Gotland
15,2	m 1,2	Mattias	Sunneborn		Gotland	1989	Faroe Islands
15,46	1,9	Leo	Rice		Guernsey	2011	Isle of Wight
15,46	-0,6	Madis	Kallas		Saaremaa	2001	Isle of Man
15,63	w	Rauno	Liitmäe		Saaremaa	2017	Gotland
15,4	m 1,2	Patrik	Lehtonen		Åland	1989	Faroe Islands
15,73	w	Neeme	Truumees		Saaremaa	1993	Isle of Wight
15,5	m	w Peter	Brookes		Jersey	1987	Guernsey
15,76	-1,6	Neeme	Truumees		Saaremaa	1991	Åland
15,80	w	Michael	Coker		Jersey	1995	Gibraltar
15,88	-1,8	Michael	Coker		Jersey	1997	Jersey
15,89	-1,0	Benjamin	Kerr		Shetland Islands	2005	Shetland Islands
15,7	m 1,2	Jörgen	Skarphagen		Gotland	1989	Faroe Islands

400 m hurdles (57,00)

50,41		James	Forman		Isle of Wight	2011	Isle of Wight
51,16		Dale	Garland		Guernsey	2011	Isle of Wight
51,99		Junior	Hines		Cayman Islands	2011	Isle of Wight
52,14		Indrek	Tustit		Saaremaa	2003	Guernsey
52,21		Alastair	Chalmers		Guernsey	2017	Gotland
52,58		Sam	Wallbridge		Guernsey	2017	Gotland
52,96		Stanley	Livingston		Jersey	2015	Jersey
53,46		Douglas	Thom	1968	Orkney	1997	Jersey
53,56		Peter	Irving		Jersey	2011	Isle of Wight
53,83		Mihalis	Seitis		Rhodes	2009	Åland
53,98		Ronald	Forbes		Cayman Islands	2003	Guernsey
54,26		Michael	Haslett		Isle of Man	2015	Jersey
54,29		Mattias	Sunneborn		Gotland	2011	Isle of Wight
54,39		Peter	Curtis		Guernsey	2019	Gibraltar
54,49		Kevin	Furlong	1970	Isle of Man	1997	Jersey
54,53		Patrik	Lehtonen		Åland	1991	Åland
54,81		Georgios	Thriskos	1982	Rhodes	1999	Gotland
54,86		Patrik	Stenström		Gotland	1995	Gibraltar
54,97		Jeavhon	Jackson		Cayman Islands	2017	Gotland
55,04		Daniel	Eckersley		Isle of Wight	2011	Isle of Wight
55,14		Erik	Talu		Saaremaa	1995	Gibraltar
55,23		Lee	Garland	1974	Guernsey	1999	Gotland
55,28		Michael	Coker		Jersey	1995	Gibraltar
55,63		Leo	Rice		Guernsey	2011	Isle of Wight
55,68		David	Anderson		Isle of Man	1991	Åland
55,81		Niklas	Hellgren	1968	Gotland	1993	Isle of Wight
56,08		Jaryd	Robinson		Isle of Wight	2007	Rhodes
55,9	m	Chris	Choleaton		Isle of Wight	1989	Faroe Islands
56,35		Charles	Livingston		Jersey	2019	Gibraltar
56,55		Michael	Batiste		Guernsey	2007	Rhodes
56,70		Raigo	Saar		Saaremaa	2009	Åland
56,89		Alan	Harrison		Jersey	1991	Åland

High Jump (1,94)

2,13		Martin B	Aram	1983	Isle of Man	2003	Guernsey
2,10		Simon	Phelan		Jersey	2011	Isle of Wight
2,09		Omar	Wright		Cayman Islands	2007	Rhodes

2,07	Patrik	Stenström		Gotland	2001	Isle of Man
2,07	Perry	Anglin		Cayman Islands	2009	Åland
2,06	Athanasios	Tsoukos		Rhodes	2007	Rhodes
2,06	Urmás	Treiel	1968	Saaremaa	1997	Jersey
2,05	Jason	Fox		Jersey	2015	Jersey
2,02	Louis	Gordon		Cayman Islands	2019	Gibraltar
2,02	Philip	Diamond		Guernsey	1991	Åland
2,01	Josh	Hewett		Isle of Man	2017	Gotland
2,01	Øssur	Debes Eriksfoss		Faroe Islands	2013	Bermuda
2,01	Jahnhai	Perinchief		Bermuda	2013	Bermuda
2,00	Dan-Erik	Woivalin		Åland	1985	Isle Of Man
1,99	Erik	Larsson	1980	Gotland	1999	Gotland
1,99	Benjamin	Le Rougetel		Jersey	2019	Gibraltar
1,99	James	Margrave		Isle of Man	2019	Gibraltar
1,98	Iwan	Parry		Ynys Môn	2017	Gotland
1,98	Chas	Smith		Bermuda	2013	Bermuda
1,97	James	Kelley		Guernsey	1997	Jersey
1,97	Villu	Sepp		Saaremaa	1997	Jersey
1,97	Villu	Sepp	1979	Saaremaa	1999	Gotland
1,96	Scott	Haworth		Isle of Man	1995	Gibraltar
1,95	Gustav	Melén	1982	Gotland	2007	Rhodes
1,95	Madis	Kallas		Saaremaa	2001	Isle of Man
1,95	Tarmo	Saar		Saaremaa	2011	Isle of Wight
1,95	Øssur	Debes Eiriksfoos		Faroe Islands	2011	Isle of Wight

Pole Vault (300)

462	Bo	Jacobsson	1972	Gotland	1999	Gotland
450	Fredrik	Lundgren	1978	Gotland	1999	Gotland
450	Andres	Aavik		Saaremaa	1991	Åland
440	Nektarios	Giallourakis	1973	Rhodes	1999	Gotland
440	Erik	Larsson	1980	Gotland	2005	Shetland Islands
420	Villu	Sepp		Saaremaa	2003	Guernsey
420	Patrik	Lehtonen		Åland	1991	Åland
420	Patrik	Lehtonen		Åland	1993	Isle of Wight
410	Marcus	Sandberg	1969	Åland	1991	Åland
400	Neeme	Truumees		Saaremaa	2003	Guernsey
380	Mikk	Tasa		Saaremaa	2007	Rhodes
380	Fraser	Alexander		Jersey	1991	Åland
370	David	Gustafsson	1973	Gotland	1997	Jersey
360	Niklas	Hellgren	1968	Gotland	1991	Åland
320	Luke	Daniels		Jersey	1997	Jersey
320	Michael	Ashman	1980	Guernsey	1999	Gotland

Long Jump (690)

773	w	Mattias	Sunneborn	Gotland	1993	Isle of Wight	
762	0,1	Carl	Morgan	Cayman Islands	2011	Isle of Wight	
757	w	Patrik	Stenström	Gotland	1995	Gibraltar	
748	w	Savvas	Diakonikolas	Rhodes	2007	Rhodes	
745	0,6	Carlos	Morgan	Cayman Islands	2013	Bermuda	
744	4,2	w	Dale	Garland	Guernsey	2005	Shetland Islands
742	w	Erik	Larsson	1980	Gotland	2007	Rhodes
733	w	Stephon	Johnson	Cayman Islands	2007	Rhodes	
733	0,3	Bruce	DeGrilla	Bermuda	2013	Bermuda	
728	w	Urmás	Treiel	1968	Saaremaa	1993	Isle of Wight

727		w Nektarios	Giallourakis	1973	Rhodes	1999	Gotland
726	1,7	Daniel	Örevik		Gotland	2017	Gotland
724	1,7	Dale	Garland		Guernsey	2011	Isle of Wight
723	0,8	Ross	Jeffer		Jersey	2019	Gibraltar
720	1,5	James	Grocock		Isle of Wight	2011	Isle of Wight
713		w Andrus	Ruttu		Saaremaa	1995	Gibraltar
711		w Matt	Barton		Isle of Wight	2007	Rhodes
706		w Ási	Mikkelsen		Faroe Islands	1997	Jersey
705		w Madis	Kallas		Saaremaa	2009	Åland
704		w Robin	Cowling		Guernsey	2007	Rhodes
695	1,9	Savvas	Diakonikolas		Rhodes	2015	Jersey
694	0,7	Raido	Raamat		Saaremaa	1991	Åland
693	0,7	Louis	Gordon		Cayman Islands	2019	Gibraltar
692		w Phil	Riley		Isle of Man	2007	Rhodes

Triple Jump (14,00)

15,68	0,0	Carl	Morgan		Cayman Islands	2011	Isle of Wight
15,28		w Urmas	Treiel		Saaremaa	1993	Isle of Wight
15,21		w Napoleon	Miaris		Rhodes	2001	Isle of Man
15,21		w Matt	Barton		Isle of Wight	2007	Rhodes
15,11		w Savvas	Diakonikolas		Rhodes	2007	Rhodes
14,75	0,0	Mattias	Sunneborn		Gotland	2011	Isle of Wight
14,74		w Erik	Larsson	1980	Gotland	1999	Gotland
14,69		w Virge	Treiel		Saaremaa	1997	Jersey
14,67	0,0	Matt	Barton		Isle of Wight	2011	Isle of Wight
14,49		w Tórir	Mortensen		Faroe Islands	2017	Gotland
14,49		w Raigo	Saar		Saaremaa	2009	Åland
14,48		w Dale	Garland		Guernsey	2001	Isle of Man
14,47	0,7	Tarmo	Saar		Saaremaa	2011	Isle of Wight
14,42	-1,1	Savvas	Diakonikolas		Rhodes	2015	Jersey
14,39	-1,8	Ross	Jeffer		Jersey	2015	Jersey
14,34		w Øssur	Debes Eriksfoss		Faroe Islands	2013	Bermuda
14,33		w Jay	Welcome		Cayman Islands	2003	Guernsey
14,25		w Villu	Sepp	1979	Saaremaa	1999	Gotland
14,22	2,2	w Daniel	Örevik		Gotland	2019	Gibraltar
14,19	-1,2	Kalle	Laanet		Saaremaa	1991	Åland
14,19		w Filip	Ekelund		Åland	1997	Jersey
14,15		w Sakchai	Makao		Shetland Islands	2001	Isle of Man
14,12		w Adam	Page	1978	Guernsey	1997	Jersey
14,11		w Martin	Goodall		Isle of Wight	1993	Isle of Wight
14,10	0,5	Carlos	Morgan		Cayman Islands	2013	Bermuda
14,08		w Georgios	Kontos		Rhodes	2001	Isle of Man
14,06		w Chas	Smith		Bermuda	2013	Bermuda

Shot Put (13,00)

18,10		Zane	Duquemin		Jersey	2015	Jersey
16,21		Ove	Lehto		Åland	1997	Jersey
16,01		Genro	Paas	1979	Saaremaa	2009	Åland
15,49		Erik	Larsson	1980	Gotland	2005	Shetland Islands
15,15		Jamie	Stevenson		Jersey	2007	Rhodes
15,03		Georgios	Stratinakis		Rhodes	2001	Isle of Man
14,92		Juri	Kuusk		Saaremaa	2005	Shetland Islands
14,86		Robert	Wärff	1970	Gotland	1999	Gotland
14,71		Raul	Aru		Saaremaa	1991	Åland

14,53	Andy	Frost	1981	Isle of Wight	2005	Shetland Islands
14,37	Garry	Newton		Isle of Wight	2011	Isle of Wight
14,12	Kalmer	Kask	1979	Saaremaa	1999	Gotland
14,08	Anastasios	Gimoukis		Rhodes	2005	Shetland Islands
14,04	Glenn	Lindqvist		Åland	2001	Isle of Man
14,03	Göran	Eklund		Åland	1993	Isle of Wight
14,02	Tony	Satchwell		Jersey	1997	Jersey
13,84	John	Mitchell		Isle of Wight	1993	Isle of Wight
13,47	Andres	Aavik		Saaremaa	1993	Isle of Wight
13,35	Connor	Laverty		Ynys Môn	2013	Bermuda
13,34	Shane	Evans		Cayman Islands	2009	Åland
13,20	Heri	Ziska		Faroe Islands	1997	Jersey

Discus (41,00)

57,23	Zane	Duquemin		Jersey	2015	Jersey
49,22	Göran	Eklund		Åland	1993	Isle of Wight
48,96	Ove	Lehto		Åland	1997	Jersey
48,42	Heri	Ziska		Faroe Islands	1997	Jersey
48,07	Erik	Larsson	1980	Gotland	2017	Gotland
46,41	Anastasios	Gimoukis		Rhodes	2005	Shetland Islands
46,31	Genro	Paas	1979	Saaremaa	2013	Bermuda
45,66	Madis	Kallas		Saaremaa	2009	Åland
45,59	Kalmer	Kask	1979	Saaremaa	1999	Gotland
45,17	Connor	Laverty		Ynys Môn	2017	Gotland
44,90	Tom	Tommiska	1972	Åland	1999	Gotland
44,89	Hallur	Simonsen		Faroe Islands	2015	Jersey
44,79	Glenn	Lindqvist		Åland	2001	Isle of Man
44,28	Andres	Aavik		Saaremaa	2001	Isle of Man
44,10	Tony	Satchwell		Jersey	1997	Jersey
43,40	Michael	Letterlough		Cayman Islands	2007	Rhodes
43,36	Garry	Newton		Isle of Wight	2011	Isle of Wight
43,33	Raymond	Barnes	1980	Cayman Islands	1999	Gotland
43,27	Robert	Wärff	1970	Gotland	1999	Gotland
42,49	Herkki	Leemet		Saaremaa	2017	Gotland
42,24	Glenn	Townsend		Isle of Man	1995	Gibraltar
41,38	David	Gustafsson	1973	Gotland	1993	Isle of Wight

Hammer (40,00)

70,61	Andy	Frost		Isle of Wight	2011	Isle of Wight
66,45	Genro	Paas	1979	Saaremaa	2017	Gotland
60,14	Michael	Letterlough		Cayman Islands	2011	Isle of Wight
52,89	Ioannis	Pezouvanis	1982	Rhodes	1999	Gotland
50,87	Donnie	Rockett		Jersey	2011	Isle of Wight
50,22	Paul	Farley		Isle of Wight	2003	Guernsey
50,08	Antonis	Karayiannis		Rhodes	2001	Isle of Man
49,52	Richard	Bell		Isle of Man	2017	Gotland
48,92	Heri	Ziska	1967	Faroe Islands	1999	Gotland
48,26	Tore	Olofsson	1961	Gotland	1995	Gibraltar
48,01	David	Gustafsson	1973	Gotland	2003	Guernsey
47,96	Maurice	Williamson		Shetland Islands	2015	Jersey
46,62	Paul	Derrien	1971	Jersey	2007	Rhodes
46,23	Callum	Woon		Isle of Wight	2009	Åland
45,34	Glenn	Townsend		Isle of Man	1995	Gibraltar
45,18	Tony	Satchwell		Jersey	1993	Isle of Wight

44,32	Ove	Lehto		Åland	1997	Jersey
44,21	Shaun	Livett		Ynys Môn	2017	Gotland
43,80	Erik	Larsson	1980	Gotland	2005	Shetland Islands
43,76	Shaun	Cregeen		Isle of Man	1993	Isle of Wight
43,62	Robert	Cross		Orkney	1991	Åland
42,04	Stuart	Corran		Isle of Man	2005	Shetland Islands
42,00	Trevor	Christian		Isle of Man	2003	Guernsey
41,93	Karl	Robertson		Shetland Islands	2007	Rhodes
41,84	James	Menhenitt		Guernsey	1995	Gibraltar
41,81	Aare	Lõhmus	1959	Saaremaa	1999	Gotland
Javelin (55,00)						
73,39	Alexander	Pascal		Cayman Islands	2017	Gotland
68,80	Sander	Suurhans		Saaremaa	2011	Isle of Wight
68,57	Joe	Harris		Isle of Man	2017	Gotland
63,94	Jako	Lindrop		Saaremaa	2017	Gotland
61,96	Hanus	Bergsson		Faroe Islands	2015	Jersey
61,88	Georgios	Troumbas		Rhodes	2009	Åland
60,37	Gustav	Melén	1982	Gotland	2003	Guernsey
59,21	Madis	Jarvelaine		Saaremaa	2001	Isle of Man
59,15	James	Geering		Guernsey	1987	Guernsey
58,98	Jeremy	Smyth	1978	Orkney	2001	Isle of Man
58,48	Robert	Wärff		Gotland	1991	Åland
58,07	Paul	Hurlston		Cayman Islands	2001	Isle of Man
57,90	Ben	Lloyd		Isle of Man	2001	Isle of Man
57,30	Alf	Oddie		Isle of Man	1985	Isle Of Man
57,2	Rógvi	Højgaard		Faroe Islands	2007	Rhodes
56,96	Glenn	Lindqvist		Åland	2001	Isle of Man
56,46	Andrew	Martch		Isle of Wight	1993	Isle of Wight
56,20	James	Bougourd		Guernsey	2017	Gotland
55,93	Anastasios	Laoudikos		Rhodes	2007	Rhodes
55,88	Ove	Lehto		Åland	1991	Åland
55,79	Joel	Thölix	1995	Åland	2017	Gotland
55,30	Ergo	Talu		Saaremaa	1997	Jersey
55,18	James	Menhenitt		Guernsey	1995	Gibraltar
55,01	Carl	Morgan		Cayman Islands	2005	Shetland Islands
4 x 100 m Relay (43,00)						
41,10	Team	CAY 2013		Cayman Islands	2013	Bermuda
41,13	Team	CAY 2017		Cayman Islands	2017	Gotland
41,46	Team	CAY 2011		Cayman Islands	2011	Isle of Wight
41,80	Team	GUE 2011		Guernsey	2011	Isle of Wight
41,84	Team	CAY 2009		Cayman Islands	2009	Åland
41,91	Team	GUE 2019		Guernsey	2019	Gibraltar
41,99	Team	JER 2019		Jersey	2019	Gibraltar
42,00	Team	GUE 2003		Guernsey	2003	Guernsey
42,01	Team	CAY 2007		Cayman Islands	2007	Rhodes
42,03	Team	CAY 2019		Cayman Islands	2019	Gibraltar
42,04	Team	GIB 2019		Gibraltar	2019	Gibraltar
42,08	Team	CAY 1999		Cayman Islands	1999	Gotland
42,11	Team	RHO 1999		Rhodes	1999	Gotland
42,12	Team	CAY 2001		Cayman Islands	2001	Isle of Man
42,22	Team	GUE 2017		Guernsey	2017	Gotland
42,37	Team	GUE 2015		Guernsey	2015	Jersey

42,39	Team	IOM 2019	Isle of Man	2019	Gibraltar
42,51	Team	IOM 1995	Isle of Man	1995	Gibraltar
42,64	Team	GUE 2009	Guernsey	2009	Åland
42,65	Team	CAY 2003	Cayman Islands	2003	Guernsey
42,72	Team	JER 2015	Jersey	2015	Jersey
42,74	Team	RHO 2001	Rhodes	2001	Isle of Man
42,77	Team	IOM 2009	Isle of Man	2009	Åland
42,82	Team	GUE 2007	Guernsey	2007	Rhodes
42,92	Team	JER 2001	Jersey	2001	Isle of Man
42,93	Team	IOM 1991	Isle of Man	1991	Åland
42,98	Team	RHO 2005	Rhodes	2005	Shetland Islands

4 x 400 m Relay (3:20,00)

3:12,38	Team	GUE 2009	Guernsey	2009	Åland
3:13,51	Team	GUE 2019	Guernsey	2019	Gibraltar
3:13,77	Team	CAY 2019	Cayman Islands	2019	Gibraltar
3:14,83	Team	GUE 2011	Guernsey	2011	Isle of Wight
3:16,03	Team	GUE 2007	Guernsey	2007	Rhodes
3:16,39	Team	GUE 2015	Guernsey	2015	Jersey
3:16,92	Team	CAY 2007	Cayman Islands	2007	Rhodes
3:17,57	Team	GUE 2005	Guernsey	2005	Shetland Islands
3:17,99	Team	JER 2019	Jersey	2019	Gibraltar
3:18,67	Team	RHO 1999	Rhodes	1999	Gotland
3:19,28	Team	JER 2001	Jersey	2001	Isle of Man
3:19,45	Team	JER 2015	Jersey	2015	Jersey
3:19,61	Team	GUE 2003	Guernsey	2003	Guernsey
3:19,64	Team	JER 1991	Jersey	1991	Åland
3:19,85	Team	IOM 2009	Isle of Man	2009	Åland
3:19,94	Team	GUE 1999	Guernsey	1999	Gotland